

NESTFEST: AUG. 10-13

YOGA-MARATHON, HEALING CLINIC, & BAZAAR

SUMMER 2012

LOS ANGELES, CA 90041



Register now at www.artfullivingmovement.com -or- Call: 626-869-6422.
Pre-reg \$70 Before July 29, 2012; \$75 After July 29, 2012 (\$250 Value)



Liza Sat-Akal Camba

Contact: Liza "Sat-Akal" Camba
Phone: 626-869-6422
Email:
visionaryforpeace@gmail.com
REGISTER AT:
www.artfullivingmovement.com

Location:



EAGLE ROCK

Los Angeles, CA 90041

Exact address will be provided upon registration. Call for details.

Sooo YOGAlicious!

~ 4 DAY SCHEDULE ~

Friday, August 10

12-1pm.....*Kundalini Express (Sat Akal "SK")*
5pm-6:30pm.....*Kundalini Yoga (SK)*
730pm-830pm.....*Restorative Yoga (SK)*

Saturday, August 11

11am-All day.....*Live Art All Day/Boutique*
11am-4pm.....*Healing Clinic (Johanna)***
11am-12:30pm.....*Kundalini Yoga (SK)*
1:15pm-2:45pm.....*Spiritual Mind Treatments (10 min each) (SK)***
3pm-430pm.....*Restorative Yoga (SK)*
5-6:30pm.....*Restorative Yoga (SK)*
7pm-9:30pm.....*Kundalini Yoga, Deep Relaxation, & Vision-boarding (SK)**

Sunday, August 12

9am-All day.....*Live Art All Day/Boutique*
9:30-11am.....*Kundalini Yoga (SK)*

Sunday, August 12 continued

11:30am-1pm.....*Practical Pilates (SK)*
1:15pm-2:45pm...*Kundalini (Pete Lee)*
430pm-7pm.....*Palm Reading (Andrew)*
3pm-7pm.....*Healing Clinic (Clinton)***
5-6:30pm.....*Kundalini Yoga (SK)*
7pm-8:30pm.....*Yoga Dance Party (SK)*
8:30-10pm.....*Cake and Music Circle (All)*
Monday, August 13
10am-All Day.....*Live Art and Boutique*
12noon-1pm.....*Kundalini Express (Manavjeet)*
5-630pm....*Chakra Balancing/15min ea. (SK)***
7:15pm-9pm.....*Kundalini Yoga (SK)*
9pm-10pm..*Sleepytime Yoga & Sound Bath (SK)*

SPECIAL NOTES:

* \$35 workshop for non-NESTFEST-goers
** Healing clinics are complimentary - love donations are welcome. Reiki sessions are 30 min. Please schedule your healing and palm-reading appointments in advance to ensure a spot!

NESTFEST: Aug.10-13

4 Days of Yoga, Healing, Art, & More!
Eagle Rock, CA (90041)



Pete Lee



Clinton Irely



Johanna Gan

Andrew F. Camba

Andrew Camba is a clairvoyant and energy healer and graduate of the ClearSight Aura Program, Santa Monica- an LA native and Product Marketing Strategist. In his spare time, Andrew enjoys training and teaching Muay Thai at the Academy of Mixed Martial Arts (AMMS) in West LA.

Liza Sat-Akal Camba

Sat-Akal (Liza) is an IKYTA-certified Kundalini Yoga and Restorative Yoga teacher, modern day priestess, intuitive healer, artist, and creator of *Artful Living Movement*. Her classes are deeply nourishing, creative, and full of energy.

Johanna Gan

Johanna is an light energy worker who incorporates variety of modalities in her Reiki practice, including traditional shamanic techniques, crystals, and plant essences. She is an artist in a variety of media and infuses a creative approach in her sessions to offer a relaxing healing experience.

Clinton Irely

Clinton Irely is a reiki healing practitioner. He grew up near a small town in Kansas and currently resides in Burbank, California. Clinton's reiki sessions are serene and deeply relaxing.

Manavjeet Kaur

Manavjeet left post-Katrina New Orleans and a twelve year career to study under Tej Kaur Khalsa at Golden Bridge Yoga in Los Angeles in 2010. Her life is a seva. When not teaching Kundalini Yoga in Ojai at Yoga=Nest, she can be found farming, deepening her daily practice of Bound Lotus, or walking barefoot through meadow and river bottom while chanting Rehiras Sahib.

Pete Lee

Pete Lee, CPCC, RYT, is an IKYTA-certified and Yoga Alliance-registered Kundalini & Restorative Yoga instructor, Certified Co-Active Life Coach, Intuitive Energy Healer and co-founder of The Practical Path. For more info - www.cpetelec.com

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RSVP/REGISTER

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Manavjeet Kaur



Andrew Camba