



6 week series -

# ***PROSPERITY & RADIANCE***

**with Kundalini Yoga and Meditation**

**When: Mondays, 7PM-8PM**

**Dates: February 14, 21, 28**

**March 7, 14, 21**

**Location: Eagle Rock Center for the Arts, 2225 Colorado Boulevard  
Los Angeles, CA 90041 (323) 226-1617 or (626) 869-6422**

**YOU are the Creator of your Life and the whole Universe is in You.** Everyday we are faced with options and decisions to make, and sometimes we desire change or seek new opportunities and experiences. Do you ever feel stuck or life is an uphill struggle? Or maybe emotions, thoughts, or situations get in the way of you from attaining answers, moving forward, or being successful? With Kundalini Yoga, when we do the work, it is possible to see the results and receive what we desire! Through gratitude, comes prosperity. With prosperity, comes radiance. And with radiance comes gratitude. Join this amazing 6-week series to attract abundance into your life!



**About the teacher** - Sat Akal Liza Camba is a Kundalini Yoga teacher, energy healer, and visionary artist. Her approach is based on the understanding that health and well-being are fundamentally connected to the body's energy system and the energy in the surrounding environment. Through the healing arts, Sat Akal's goal is to uplift and open the expansive and creative energy within. She is a certified Light Leaders Children's Yoga Teacher and also a certified Y.O.G.A. for Youth Teacher. In April 2011, Sat Akal will complete her 200-hour Kundalini Yoga Aquarian Teacher Level 1 certification program under the guidance of Gurmukh, Tej, Harijiwan, Guru Shabad, and Sat Siri at Golden Bridge Yoga. For more information, go to: [www.lizacambayogini.wordpress.com](http://www.lizacambayogini.wordpress.com)

**\$10  
Suggested  
DONATION  
per class**